



Message Scent News

ANCIENT SECRETS FOR A MODERN AWAKENING

Special Issue!



2008

Distributor Karesa Bullock enjoys a Ningxia Red cooler at the Young Living Farm in Mona, Utah.

Young Living Grand Convention Rise to Excellence!

Salt Palace, Salt Lake City

WOW! Over 3,000 of us were fortunate enough to attend the Young Living Grand Convention and once again I found it to be one of the most valuable educational events of the year. The amazing amount of information, as well as the positive energy of the group, was a very powerful remedy. One minute I was in the airport reading about how our military is drugging out troops in Iraq with SSRI drugs (along with so much other negative news) and next I was enveloped in a blanket of praise, gratitude, love, and appreciation for the magic of nature and the plant kingdom which allows us to live in health on this Earth. I felt blessed and honored to be in such great company. This experience was a fantastic antidote to the degeneration that has become all too common, lifting our spirits to a higher level of appreciation and understanding for the gifts of nature that we share in our Young Living community! I had nearly forgotten how many like-minded friends I see at convention and how much fun we can have together while sharing our light with the world.

The next Young Living convention will be in September 2009 in Minneapolis, MN. Make a commitment now to attend. You will be greatly rewarded!

Gratitude, Carl Janicek



Compliments of
James Niederland, LCSW
Psychotherapist &
Wellness Consultant
office 201-567-8119
cell 201-906-2994
www.essentialoiltherapies.com
ningxiaredman@gmail.com

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Published by Carl Janicek

Produced by Ruby Gibson

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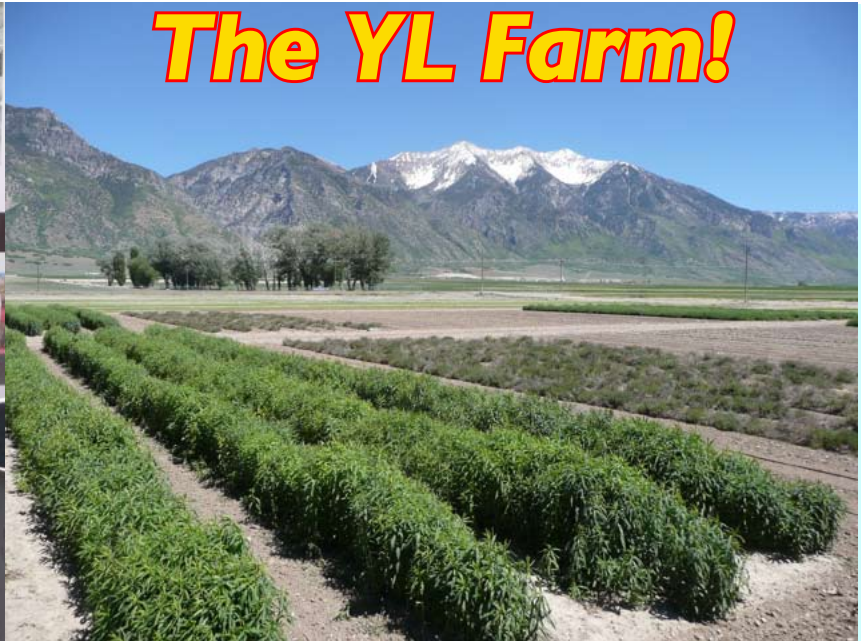
1-800-332-3969

messagescent@earthlink.net

The YL Farm!



D. Gary Young



Young Living's 2008 Grand Convention was a huge success! Distributors joined together for a journey to our *Next Excellent Step* and we were shown the way to:

Wellness—Using Young Living products to bring wellness to your life!

Purpose—Taking a moment to truly reflect on what truly matters!

Abundance—Sharing our vision of wellness and purpose with our families, friends, and communities!



New Convention Products

It's time for everyone to share in Young Living's Next Excellent Step as we present new additions and reformulations of our essential oil, essential nutrition, and essential living product lines. Take a look at our new products!

Essential Oils

Essential Oil Roll-On—The Essential Oil Roll-On offers the therapeutic qualities of Young Living essential oils in a new, portable, no-mess roll-on application. The introductory line includes:

Deep Relief™: Deep Relief Essential Oil Roll-On is a proprietary blend of wintergreen, peppermint, Palo Santo, copal, and other essential oils specially formulated to relieve muscle soreness and tension.

Tranquil™: Tranquil Essential Oil Roll-On is a proprietary blend of lavender, cedarwood, and Roman chamomile essential oils formulated to calm and relax the body and mind.

Valor®: One of Young Living's most popular blends, Valor essential oil is now offered in a roll-on application. Valor is a proprietary blend of spruce, rosewood, blue tansy, frankincense, and a base of coconut oil.

Feelings™ Collection—A natural remedy to empower the mind, Young Living's Feelings Collection features six complementary essential oil blends targeting emotional well-being. Each of the following blends has been formulated and selected for this kit by D. Gary Young: Valor®, Harmony™, Forgiveness™, Release™, Inner Child™, and Present Time™.

Dorado Azul—One of the newest essential oils from Ecuador, dorado azul is exclusive to Young Living. Dorado azul has an herbaceous scent and is for topical or aromatic use.

Eucalyptus Blue—A member of the eucalyptus family, eucalyptus blue is another addition to the line of essential oils from Ecuador. For topical or aromatic use.

Ultrasonic Diffuser—Young Living's Ultrasonic Diffuser offers a convenient, appealing, and therapeutic diffusing experience. A single unit, this diffusing system uses water and ultrasonic vibration to disperse oil concentrated mist into the air. The Ultrasonic Diffuser enables diffusion of any essential oil, regardless of viscosity.

Travel Fan Diffuser—Small, portable, and therapeutic, the new Travel Fan Diffuser offers significant output in a travel size. This fan diffuser is ideal for traveling or simply diffusing in a small space. Enjoy your favorite essential oils while on the road or in your bedroom at home.

Nutrition

YL Manna Bars™

—YL Manna Bars are a whole food, multi-grain snack bar full of natural flavors and nutrient-rich whole foods like juicy apples, crunchy almonds, seven whole grains, pumpkin and sesame seeds, and essential oils. Perfect for a convenient and nutritious snack at home, in the office, or on the go! Discover the nourishing, natural goodness of YL Manna Bars.



KidScents® MightyVites—MightyVites are a children's daily whole food multi-nutrient. The new MightyVites feature an improved vitamin-mineral source (from whole foods) and two new and improved flavors, orange cream and berry. Energize, build, and protect your child's WHOLE system, the way Mother Nature intended.

Power Meal™—A vegetarian, brown rice-based protein powder, the newly formulated Power Meal features improved texture and taste. This dairy-free, allergen-free food boasts a creamy vanilla flavor.

EndoGize™—EndoGize is an endocrine support supplement for women. Balance your endocrine system and achieve emotional health with EndoGize.

Essential Living

Lavender Signature Series—The new Lavender Signature Series offers all-natural personal care products, each infused with pure, therapeutic-grade lavender oil. Each lavender product creates a relaxing, aromatic experience, and has been carefully formulated with all-natural ingredients that are gentle and nourishing to the skin. Experience the rejuvenating effects of:

- Lavender Hand & Body Lotion
- Lavender Bath & Shower Gel
- Lavender Lip Balm
- LavaDerm™ Cooling Mist
- Lavender-Rosewood Bar Soap

Thieves® Dental Floss—Thieves Dental Floss is an all-natural dental floss infused with Thieves and peppermint essential oils. The addition of Thieves Dental Floss rounds out the Thieves oral care offering and serves as a companion to the Thieves toothpastes and mouthwash.



The Iron Law of Cancer

"I searched for cancer in the cell and I have found it in the form of a wrong coding in the brain." Dr. Ryke Geerd HAMER

1) Any cancer starts with DHS (Dirk Hamer Syndrome), that is to say, an extremely brutal shock, a dramatic and acute conflict, experienced in loneliness and sensed by the patient as the most serious he/she has ever known.

2) It is the subjective meaning of the conflict, the way the person experienced it at the moment of the DHS, its colouring, which determines:

a) The Hamer's focus, that is, the specific area of the brain, which, under the influence of psychic trauma, suffers a breakdown and thus induces an ill-proliferation of cells (cancer) in the organ dependent upon this short circuited cerebral area.

b) The location of the cancer in the organism.

3) There is an exact correlation between the evolution of the conflict and the evolution of the cancer on a double level: cerebral and organic.

As soon as the conflict is resolved, there is an inversion of polarity, the breakdown in the brain (Hamer's focus) is repaired by forming an oedema, whereas the cells whose anarchic proliferation was due to a coding error in the brain's computer, are no longer innervated by wrong codes and the tumor stops spreading (carcinostasis) and heals (peritumoral oedema), is encysts, transformed or injected. This re-growth is often accompanied by pain and by these peritumoral oedemas, for instance ascites (an accumulation of fluid in the peritoneal cavity), wet pleura, peristal oedema, etc. Swelling throughout the body is normally a part of the healing phase. - Dr. Ryke HAMER

D. Gary Young Convention Quotes

"We are the premier health organization in the world!"
-D. Gary Young

"Give me health and I will build my wealth. Give me wealth and I will consume my wealth trying to buy back health."
-D. Gary Young

"Essential Oils are the purest and most tangible form of energy, next to God, on this planet."
-D. Gary Young

"Nothing has shown a greater impact on the human body than Essential Oils."
-D. Gary Young

"We can change the world, but we have to be an example of it first."
-D. Gary Young

"If you oil together, you stick together."
-D. Gary Young

"Stop using personal care products with xeno-estrogens!"
-D. Gary Young

"No matter where you are at, the body can rejuvenate from any situation when given minerals and vitamins that can be delivered. Essential oils are that delivery system."
-D. Gary Young

"Age is not a requirement to get well."
-D. Gary Young

"Our goal is to take Young Living products to every home in the World!"
-D. Gary Young

Did you know?

99 The number of countries that Young Living has active distributors in.

5 The number of countries that Young Living has offices in.

4 The number of continents Young Living has farms on.

78 million The number of baby boomers seeking a secondary income.

#1 The number one killer of women = heart disease .

3 The number of new Young Living roll-ons.

6 The number of oils in the New Feelings Connection Kit.

3,000+ The number of people attending Grand Convention in 2008.



Balance Complete™ Now with New & Improved Digestibility

Balance Complete™ now contains a reduced amount of fructo oligo saccharides (FOS) and an enhanced enzyme pack to make it easier to digest.

Why the new formulation?

The average American diet doesn't include enough fiber—and a sudden increase in fiber intake can cause gas and bloating. The new and improved Balance Complete formula is designed to minimize the possibility of intestinal discomfort while remaining an optimal way to get the fiber you need.

Try the new formula today, which:

- Includes 11g of fiber per serving
- Supports healthy cholesterol levels
- Improves toxin and fat elimination
- Enhances nutrient absorption
- Curbs food cravings
- Maintains normal blood sugar levels
- Nurtures probiotics & colon health
- Eases gas and bloating



La Universidad Metropolitana

The Metropolitan University, with its principal campus in Guayaquil, Ecuador has invited D. Gary Young to teach a program in Natural Medicine. US students can attend one week per semester.

Clove

“Clove oil at very small levels (0.06%) totally inhibited toxic mold and aflatoxin production.”

-Dr. Radwan Farag

Cinnamon

Cinnamon at 0.04% concentrate completely stopped the growth of thirty-five different types of fungi.

Cedron

This new YL essential oil was studied by Dr. Jean Valnet for treating lymphoma cancer with a 98% success. Works well for immune and endocrine systems. Balances hormones in men and woman. Regulates the thyroid and ovaries production in woman. Great blood purifier!

The Story of Valor

It was at Hebrew University that Gary came across old Roman papers stating that one thing they would do before battle was to bathe in essential oils. They filled tubs with water and essential oils to perform a ritual called: Cleansing the Flesh and the Blood. This three-day ceremony prepared soldiers for war. Blue Tansy (primary oil in Valor) was included for mental focus and grounding. Based on these papers, Valor was created.

Weight Loss Protocol

To lose weight by balancing hormones continue for 60-90 days. *Take one day a week off of all supplements.*

Endogize: one capsule 3 times a day.

Sclaressence: one capsule 1-2 times a day.

Estro: take 75-150 drops 1-2 times a day.

Ultra Young: place a couple of squirts in cheek between 3 pm and bedtime. Stimulates HGH, progesterone, and estrogen balance.

Thyromin: take 1-2 capsules at night. Take temperature at night to self-check thyroid (see the Essential Desk Reference for details). Endoflex under your tongue helps kick-in the thyroid.

Gallstone Protocol

Research has revealed the first documented case of a gallstone being 100% dissolved with natural medicine.

GLF: take three capsules a day (with 20 drops in each capsule) for 30 to 120 days. Double your intake of water!



Ruby's New Book Hot Off The Press!

My Body, My Earth, The Practice of Somatic Archaeology by Ruby Gibson includes the beneficial uses of YL essential oils for healing generational & traumatic patterns/events. Visit mybodymyearth.com or somaticarchaeology.com.

Just
Published...



My Body, My Earth The Practice of Somatic Archaeology Ruby Gibson

The Five Steps of Somatic Archaeology provide an insightful, transformative, and practical body-centered guide for healing the heart of your personal, generational, and spiritual stories.

Our NEW Somatic Archaeology™ Meditation CD is the perfect companion to *My Body, My Earth*. With a progressive series of guided breathwork and somatic meditations, this beautiful CD will enhance your practice of Somatic Archaeology. Available for only \$10.00 at somaticarchaeology.com.

www.mybodymyearth.com

Call 1-800-AUTHORS to order,
or visit www.iUniverse.com



Business Tips

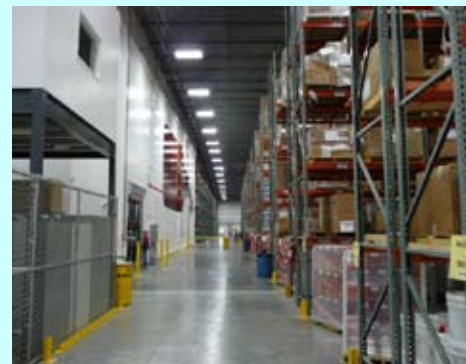
How would five figure monthly income change your life? What would you do different? Here are some suggestions by Steve Bentley, CFO of Young Living: Be honest, positive, respectful, humble, invest, and give. Envision success. Apply those principles, attributes, skills and qualities that define success to you. Key aspects to success are 1) work for yourself, 2) pay only the taxes you need to, 3) pay yourself first, and 4) do it automatically. How soon will you start?

How do you spend your business time? Here are suggestions from Marcella Vonn Harting, YL Diamond: Spend 80% prospecting, 19% training, and 1% problem solving. The bonus structure will take you to the very top of Young Living. It puts money in your hands fast. The key is to be on auto-ship. Set your date during the first two weeks of the month so that if there is a problem with your payment method, you will know in plenty of time to remedy it. This ensures that you will receive your commission check each month.

How do you take your own excellent step? Here are thoughts from Emme, international model and speaker: Become accountable—write your own mission statement and share it with those you love. Listen to your words—positivity creates, negativity destroys. Stick with it—be consistent. Take time for stillness. The three B's—be open, be aware, be ready for an opportunity to grow. Help people and have fun—thirst for passion, joy, and learning. Allow change to flow in your life—be flexible. Words to live by—integrity, tolerance, sportsmanship, friendliness, self-reliance, magnanimity, loyalty, obedience, faith, courage, honesty, and love.

Young Livings New Production Plant

Convention attendees were able to visit the new YL production and shipping building in Lehi, Utah.



Summertime Peach & Mango Breakfast Smoothie

Create a delicious smoothie using Balance Complete™. Makes one serving.

Peach & Mango Breakfast Smoothie

½ cup frozen peaches**

½ cup frozen mangos**

2 scoops Balance Complete™

12 ounces of water

Cinnamon essential oil, to taste

Place ingredients in a blender and blend until smooth. **Frozen fruit gives the smoothie a cold, thick consistency, but can be replaced with fresh fruit.

Young Living Essential Numbers

Automated Phone Ordering System (IVR)
1-888-880-1549

Live Order Entry Operators
1-800-371-2928 Mon-Fri 7am - 7 pm MST

Distributor Network Services
1-800-371-3515 Mon-Fri 7am - 7pm MST

Fax Numbers 1-866-203-5666 (US &
Canada) 1-801-418-8800

Live Help Operators Mon- Fri 8am - 11pm
Saturday 10am to 5pm, MST
Sunday 3pm to 11pm, MST

Essential Science Publishing
www.essentialscience.net
1-800-336-6308

www.youngliving.us

Rev. Mary Hardy, Ph.D. Ecuador: The Vision of Becoming a Spiritual Person

When I first met Gary Young, I recognized his vision and his dreams. The dream of healing the planet and helping to heal humanity through the use of essential oils. The Bible talks of the use of essential oils in helping people become more spiritual. Oils allow the balance of the physical system and open the parts of the brain that allow one to advance in consciousness. Ecuador is the gateway to the vision of Gary's dream.

The brain works on frequency. Smell an oil, or put a drop of high frequency oil on the skin and it is automatically shot through the body by a part of the brain that science has not investigated. This organ is called the Glia Brain. If you Google "glia Brain", you will find over a million hits. The glia cells make up the largest organ in the body. These cells are the myelin covering of the brain and nerves. This organ is seamless and controls the firing of the neurons in the brain.

Because this organ is interconnected it can send a signal through the body in seconds while the neurons have to fire through a synapse connection. For years I have tried to understand how the essential oils can saturate the body in seconds. The old saying of step on a button of garlic and 30 seconds later you can smell it on your breath. The only explanation can be the understanding of how the glia brain works and how it is activated by frequency, smell and other stimulants, like flashing lights. The myelin sheaths are made up of essential fatty acids. That is why it is important that we feed this brain with Young Living's **Omega Blue**, which helps to regulate the functioning of the glia brain.

Gary has been in Ecuador for almost 3 years now. Since that time, Young Living has developed two new oils, **Palo Santo** and **Ruta VaLa**. These oils are being used extensively to open the gateway of balancing the sympathetic with the parasympathetic nervous system, which helps remove anxiety and allows people a more complete and balanced sleep cycle. **RutaVaLa**, when applied to the spinal column, seems to balance the sympathetic with the parasympathetic nervous system.

While we were in Ecuador, Gary showed us the new technique of using a glass auricular tool (you could use an eye dropper) to manipulate the frequency within the spinal column. He calls this neural auricular technique. Start at the nc notch, which is the switchboard to the brain and is located at the back of the skull about an inch above the hairline. Using a circular motion, you can open up the whole spinal column and unwind tendons and bring a complete structural balance to the body.

While there, I watched Gary unwind a persons sciatic nerve. She could hardly get up on the table and one leg was an inch or more



shorter than the other. She had has had this pain for several months and nobody could help her until Gary used this new technique. It seems that the oil of Palo Santo will release the tension on the ligaments and has helped many people overcome knee and ligament problems.

At a visit to the farm, we learned about **lippia citradora**, the next wonderful new oil Gary is developing in Ecuador. This oil was used by Dr. Jean Valnet, one of the first authors of books on essential oils, and a medical doctor practicing in Paris. Exhausting his supply of antibiotics as a physician in Tonkin, China, during World War II, Dr. Valnet began using therapeutic-grade essential oils on patients suffering battlefield injuries. To his surprise, they exerted a powerful effect in combating and counteracting infection. He was able to save the lives of may soldiers who might otherwise have died.

When Gary went to Ecuador, he was looking for some of the plants that Dr. Valnet used in China. The first he discovered was *Ruta graveolens*. To his surprise, he found several varieties growing as weeds. This tweaked his interest in creating a farm to grow the many plants that are needed to complete his dream and heal humanity. He also found *lippia citradora* and now has planted many acres of this plant. Dr. Valnet used this plant to heal cancer. But it has not been grown extensively enough to be studied and validated as a healing oil. Gary also found **false cinnamon**, a name he has given the plant because it had no name. False cinnamon, when sent to France for diagnosis was considered to be a blend because it had so many wonderful properties. Also, Gary has planted many acres of lemon balm, from which melissa is derived. He can plant and grow **melissa** to maturity in Ecuador in four weeks, because Ecuador gets 12 hours of sunlight year-round. Melissa is one of the oils that can be used to fight herpes and syphilis related diseases. It takes mass quantities of melissa to produce just a small amount of oil. That is why it is so expensive. All of these plants that grow in Ecuador grow

in organically rich volcanic soil. They have very different signatures than the same plants grown outside of Ecuador. Now, maybe we can have melissa oil at an inexpensive price so that many can benefit from it instead of just a few.

Gary has planted regular crops, like corn, that grow to maturity in 5 weeks in Ecuador! The farm we visited is at near sea-level. To grow lavender, it must be grown above 5000 feet to produce the highest quality. While we were there Gary was in the process of closing a sale on more farm land to grow plants that need high altitude to grow and distill.

Ecuador is a very spiritual land. Several years ago I learned that the monks from Tibet moved to Quito, Ecuador before the second World War, and the physical takeover of their homeland by China. Since I heard that, I have always wanted to go to Quito, but never had the opportunity. So when I heard about Gary's various trips I wanted to be first in line. I finally made it with the Amazon Adventure and felt truly blessed. The first part of our Amazon adventure took place at the headwaters of the Amazon, 10,000 feet up, where Gary is arranging to buy the new farm. Ecuador is known as the center of the world. It has the highest point at 26,000 feet, and more active volcanoes than any other place in the world. This is why I feel that we can call Ecuador the spiritual center of the world. And I am sure that is why the Tibetan monks moved there from their homeland. All one has to do is stand in this sacred land at the head of the Amazon water, surrounded by the active volcanoes and know that this land is blessed. The essential oils produced from this land will have unique signatures that reflect the sacred vibration of this land. Let me ask you a question. Would you rather have lavender grown near cities and roads where cars are zooming by or would you rather have lavender grown at 10,000 feet near the sacred volcanoes of Ecuador that resonate with the purity of this land?

Remember the vision that Gary has. One of the simplest and easiest ways to create a perfect world is to balance the vibrational fields of all humanity and allow them to heal themselves and to grow spiritually. This is a planet of free will. Young Living has 400 different products, and a clinic in Ecuador that will teach you how to achieve total health. With a little training you can heal yourself and free yourself from the pills and poisons of the medical profession. The law of the Father is "physician heal thyself." This is the gift of Young Living.

Diamond leader, Mary Hardy is an Independent Distributor for Young Living Essential Oils. Material presented in this article is her own interpretation and does not express the views of Young Living Essential Oils.

WELCOME TO THE WONDERFUL WORLD OF ESSENTIAL OILS!
101 USES FOR THE YOUNG LIVING ESSENTIAL 7 KIT (THIRD INSTALLMENT)

LEMON: (Citrus limon) has antiseptic-like properties and contains compounds that have been studied for their effects on immune function. It may serve as an insect repellent and may be beneficial for the skin.

CAUTION: Citrus oils should NOT be applied to skin that will be exposed to direct sunlight or ultraviolet light within 72 hours.

22. Use six drops of Lemon oil and six drops of Purification oil in a squirt bottle mixed with distilled water to help in the bathroom as an air freshener.

23. Use one to two drops of Lemon oil to remove gum, oil, grease spots or crayon.

24. Use one drop of Lemon oil to help add flavor to baked goods or beverages.

25. For homemade lemonade, in a blender mix two drops of Lemon oil, two tablespoons of honey and two cups of pure water. Adjust the amount of each ingredient to suit your taste.

26. Rub a drop of Lemon oil on the appearance of a corn, callous, or bunion mornings and evenings to soothe.

27. To clean and increase the shelf life of fresh fruit, fill a bowl with cool water and add two to three drops of Lemon oil. Drop your cleaned fruit into the water and stir. Be sure all surfaces of the fruit contact the lemon water.

28. Add two to three drops of Lemon oil to water and spray counter tops to help sanitize them.

29. Soak your dishcloth overnight in a bowl of water with a drop of Lemon oil to sanitize it.

30. Add a drop of Lemon oil to your dishwasher before the wash cycle to help in cleaning.

31. Rub a drop of Lemon oil on your hands after using a public bathroom to help to disinfect.

32. Use a paper towel soaked with several drops of Lemon oil to help sanitize bathroom fixtures.

33. Put a drop of Lemon oil on sore gums to soothe.

34. Put a drop of Lemon oil on oily skin or skin blemishes will help balance (oil glands).

35. Rub several drops of Lemon oil on cellulite to improve circulation and help eliminate waste from the cells.

36. Rub two drops of Lemon oil topically to help to clear athlete's foot.

37. Rub several drops of Lemon oil on legs to improve circulation.

38. Rub a drop of Lemon oil to clean a butcher's block or other cutting surfaces.

39. Put ten to fifteen drops of Lemon oil in each gallon of carpet cleaning solution to help pull out stains and brighten the rug. This also leaves a fresh smell in the room.

Medicine Wheel Consultants, Inc.
306 S. Lookout Mtn. Rd., Suite C
Golden, CO 80401



*Shared with love for all Mankind
and Mother Earth.*